

# **Resilience Leadership**

*How to ensure you and your team* thrive in adversity



3 Hours (1 hour each week)

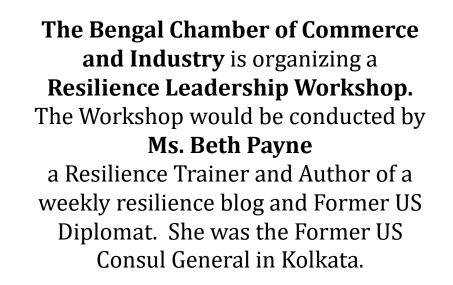




24<sup>th</sup> September 1<sup>st</sup> October 8<sup>th</sup> October 2021



6:00 p.m.- 7:00 p.m. IST



#### Why this Workshop?



In a crisis such as the COVID-19 pandemic, resilient people thrive despite the challenges and stress they experience. Resilient teams are adaptive, collaborative, and innovative. Resilient leaders achieve organizational goals, even when faced with overwhelming challenges.

To maintain a resilient organization that is ready for anything, leaders need to do more than focus on their resilience; they must become Resilience Leaders. Resilience Leaders model behaviors that build resilience, and by doing so, encourage their employees to do the same. They recognize when employees have low resilience and have supportive conversations that demonstrate that they care. They help employees find solutions and a path forward. Resilience Leaders actively foster the resilience of their teams so that groups of employees become more capable than any one individual.

The Workshop will help the Leaders build and maintain resilience in their work places during the current global health crisis.



**Who may qualify ?** Corporate Representatives in Leadership position as deemed appropriate by their respective organizations (Leading team is mandatory).

# Ms. Beth Payne

Is a Resilience Trainer and Author of a weekly resilience blog. In 2016, she created the U.S. Department of State's Center of Excellence in Foreign Affairs Resilience, where she designed resilience tools and resources for Foreign Affairs Professionals across the U.S. Government. She served as a U.S. Diplomat from 1993 until 2016 with assignments at the U.S. Embassies in Senegal, Rwanda, Israel and Kuwait and as the U.S. Consul General in Kolkata, India. In 2003, she opened the Office of the U.S. Consul in Baghdad, Iraq where she received the State Department's award for heroism.





### **Description**

If you are a supervisor who wants your teams to perform well in adversity, you need to be a Resilience Leader. Resilient people perform well despite challenges and high stress. Resilient teams are adaptive, collaborative,

and innovative. Resilient leaders achieve organizational goals, even when faced with overwhelming challenges.

To maintain a resilient organization that is ready for anything, leaders need to do more than focus on their own resilience; they must become Resilience Leaders. Resilience Leaders model behaviors that build resilience, and by doing so, encourage their employees to do the same. They recognize when employees are struggling and have supportive conversations that demonstrate that they care. They help employees find solutions and a path forward. Resilience Leaders actively foster their teams' resilience so that groups of employees become more capable than any one individual.

While Director of the State Department's Center of Excellence in Foreign Affairs Resilience, I designed this course for U.S. Ambassadors and other senior leaders across the foreign affairs community. I saw first-hand how successful Resilience Leaders are despite working in challenging and dangerous environments. I'm pleased to introduce you to these same skills and tools so you can inspire high performance in your team.

# What you'll learn

- Understand what resilience is and why it is essential in the workplace
- Recognize characteristics of low resilience in your staff and team
- Be a resilience role model
- Support and mentor employees with low resilience
- Foster team resilience





Define resilience and explain why resilience is essential in the workplace

Identify common characteristics of low resilience in yourself and others

Engage in activities and use skills/tools that build your resilience

**211** 

Model resilience skills and tools in your workplace

Support and mentor employees with low resilience

Evaluate your team's resilience

Foster the 7Cs of team resilience

Conduct an exercise to identify your team's resilience strengths and weaknesses





1000

A DESCRIPTION OF THE REAL PROPERTY OF THE REAL PROP

# **Course content**

# DOWNLOAD



**Course Fee** INR. 9000+ 18% GST To enroll, the candidates need to click.

# REGISTRATION

## Candidates can initiate Bank-to-bank transfer directly to the Bank Account by NEFT/RTGS.

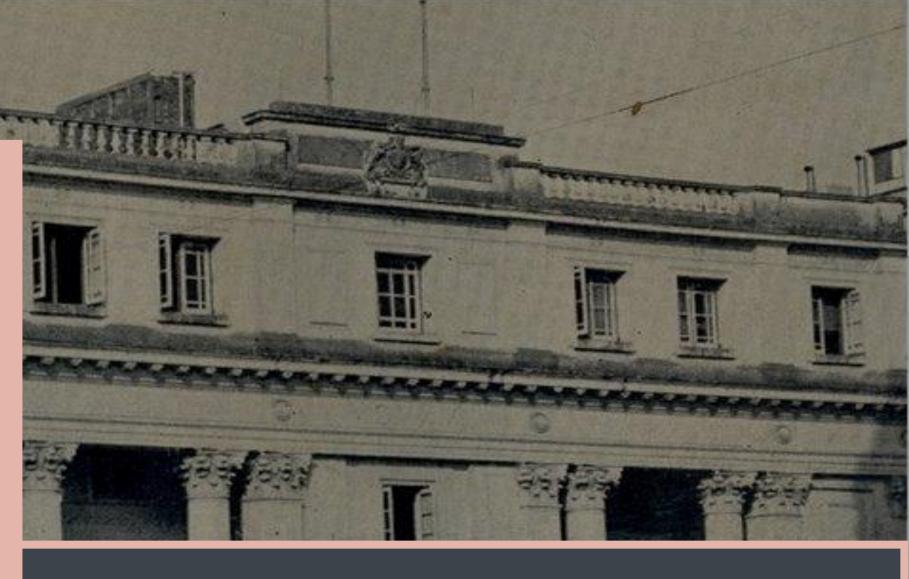
Beneficiary Name: The Bengal Chamber of Commerce and Industry

Bank Name: Canara Bank

Bank Account Number: 95001010000017 (Current)

**IFSC Code:** CNRB0019500

BCC&I Address: Royal Exchange, 6 Netaji Subhas Road, Kolkata 700001, West Bengal Kolkata





Certificate

To be jointly provided by The Bengal Chamber of Commerce and Industry, one of the oldest Chambers of Commerce and **Payne Resilience Training** and Consulting, Washington DC on successful completion of the Workshop.



**The Bengal Chamber of Commerce and Industry**, India's oldest institution of its kind, tracing its origins to 1833, has played a pioneering role as a helmsman and acted as a Custodian of trade and commerce and vanguard of industry in India for close to 200 years.

For the last one and a half centuries and more, the Chamber has been witness to the momentous events that have shaped India's industrial and social character. Donning its multiple roles as catalyst, initiator, facilitator, business partner and service provider, the Chamber has played a primary role towards the progress of business and economy of

India, specifically Bengal through its dedicated services for its stakeholders spanning Commerce and Industry, the Government, Academia and Civil Society. In the process, the Chamber has been engaged with Leaders from industry and Corporates who run the show.

For business leaders today, the ongoing crisis has accelerated an unprecedented change. *With the disruptive change, like the one we face today, traditional leadership skills may not suffice.* The Chamber has always recognized the fact that in the new environment of society, industry and business, the need for Corporates to internalize and demonstrate strategies that provide the business agility needed to meet the challenges coming from any unforeseen hurdles in future.

With countless decades of service to industry and the nation, the Chamber is today actively facilitating the competitiveness of Indian business and industry to emerge as an economy of global excellence.

### Advised by





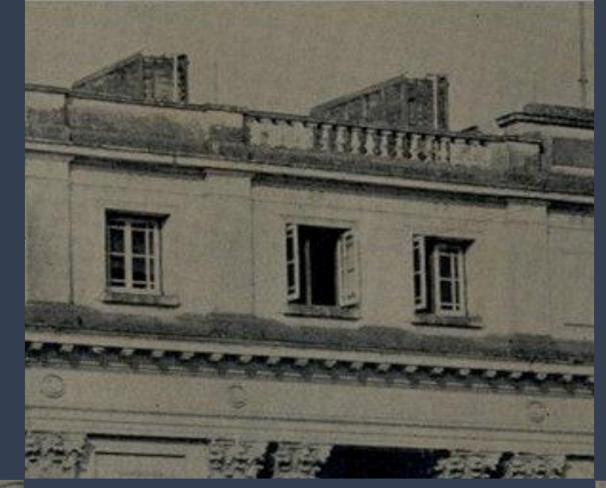
# Mr. Arnab Basu

Chairperson - IT Committee The Bengal Chamber and Managing Partner East and Advisory Leader PricewaterhouseCoopers Pvt. Ltd.

**Mr. Subhodip Ghosh** Director General The Bengal Chamber of Commerce and Industry

# Ms. Angana Guha Roy Chowdhury

Director and Head-Operations The Bengal Chamber E: <u>angana@bengalchamber.com</u> M: +91 9830251019





Ms. Sankalpita Aich Programme Executive The Bengal Chamber E: sankalpita@bengalchamber.com M: +91 8961364494

# Mr. Sambit Dasgupta Assistant Director The Bengal Chamber E: <u>sambit@bengalchamber.com</u> M: +91 9874241919

